

ZV Overbetuwe
Pers. records

zondag 13 september 2026

zaterdag 1 januari 2000 - zondag 13 september 2026

Naam, voornaam	Geb.dat.		50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Lana Brouns	28-9-2011	25m	39.23	1:31.33	3:18.97			48.37			52.46	1:52.35		54.23	2:00.12		1:44.97	3:59.56	
Sofie Bulsink	17-9-2010	50m 25m	37.07	1:24.27	3:04.42	6:51.04	14:19.08	41.91 42.12	1:43.23 1:44.79		44.20 43.00	1:36.65 1:35.82		46.85 45.98	1:39.17	3:42.75	1:37.54	3:20.08	7:18.96
Aukje Dekker	3-12-2015	25m	48.78	1:54.83	4:36.85	9:54.80		1:15.13			52.99	2:05.77		53.35	1:52.72		1:55.91	4:43.62	
Ensar Demirel	1-2-2019	25m	1:01.16								1:21.76			1:06.05					
Lina Demirel	16-11-2016	25m	1:01.93								1:03.80			1:08.37					
Sem Flipse	21-3-2012	25m	36.64	1:18.99				41.34	1:43.47		38.63	1:25.84		43.06				3:12.25	
Lotte Groot	25-5-2010	25m	39.03	1:31.43	3:14.29			51.34			44.31	1:39.47		50.22	1:47.18	4:05.19	1:38.92	3:44.56	
Mats ter Horst	10-11-2013	50m 25m	39.61	1:30.39	3:17.95	7:26.50	28:31.39	49.77 50.92	2:00.41 2:02.02		50.09	1:49.37		50.32 51.51	1:52.01		1:43.68	4:00.55	8:10.74
Melissa ter Horst	5-12-2011	50m 25m	31.99 31.61	1:12.12 1:10.72	3:06.42 2:42.31	6:39.37 5:43.09	12:07.91	36.05 35.92	1:24.86 1:23.55	3:33.11	38.70 37.39	1:23.17 1:20.85	2:56.56	42.55 40.38	1:31.76 1:29.11	3:38.74	1:20.00	3:02.38 2:53.67	7:32.54 6:18.46
Emma Kronenburg	29-12-2012	50m 25m	34.34	1:17.60	2:50.29	6:08.98		45.25	1:58.00 1:47.83		39.78	1:31.60 1:25.20	3:05.52	45.27 43.17	1:41.52 1:35.37	3:26.57	1:27.52	3:34.79 3:20.38	
Sarah Kronenburg	27-5-2014	25m	43.40	1:41.97				56.43			50.99	2:01.26		54.65	1:57.30	4:05.77	1:55.52		
Noa Lensen	31-8-2012	25m	1:21.47											1:07.60	2:25.21				
Menno van der Meer	5-12-2013	25m	41.72	1:38.85	3:34.37	8:00.73	33:01.04	1:05.85	2:13.49		47.71	2:12.18		56.89	2:00.82		1:53.85	4:19.02	8:46.22
Myrthe Prick	19-8-2016	25m	44.33	1:36.86	4:00.16	7:52.97		1:04.66			46.49	1:46.73		55.68	1:54.77		1:51.63	4:13.61	
Quin Ruygh	11-6-2016	25m	39.91	1:38.93				1:00.99			42.44	1:45.14		51.77	1:54.06		1:47.31		
Rowan Sewnath	17-4-2010	25m	33.32	1:16.88	3:01.10	6:39.85	26:25.01	35.62	1:24.65		38.07	1:27.46		40.21	1:29.93	3:34.20	1:23.38	3:06.88	6:48.24
Tara Sio	16-4-2015	25m	42.48	1:36.50				54.36			45.18			53.07	1:51.47	3:51.79	1:46.35		
Tygo Spaan	9-9-2011	50m 25m	36.95	1:18.66	2:46.25	6:09.87	25:28.22	45.34 45.71	1:44.33 1:42.44		42.32 43.48	1:35.85 1:33.10		45.02 42.33	1:35.02 1:33.69	3:53.22	1:33.79	3:11.84 3:15.64	7:52.14
Tim Vervoort	9-3-2017	25m	51.36	2:26.96							1:01.01			59.75	2:06.52				
Milou de Wit	14-2-2013	50m 25m	36.54 37.69	1:18.11	2:54.39	7:05.81	14:31.09	43.02 39.99	1:33.56		44.40	1:42.16 1:30.90		48.01 46.26	1:44.43		1:30.60	3:30.13	7:04.88