

KNZB Regio Oost Circuit deel 1

Programmanr. 1
28-10-2023 - 14:00

Dames, 400m vrije slag

Senioren Open
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | tijd | Pnt | | | |
|------------------------|----------------|------------------|---------------|-----------|--------------------|-------|---------------|---------|
| Junioren 1 en 2 | | | | | | | | |
| 1. | Anouk Wullink | NDD | 6:33.83 | 201101286 | 6:37.95 203 | | | |
| | 50m: 44.92 | 44.92 | 150m: 2:22.30 | 48.92 | 250m: 4:01.32 | 48.99 | 350m: 5:34.81 | 45.40 |
| | 100m: 1:33.38 | 48.46 | 200m: 3:12.33 | 50.03 | 300m: 4:49.41 | 48.09 | 400m: 6:37.95 | 1:03.14 |
| Junioren 3 en 4 | | | | | | | | |
| 1. | Elin Das | NDD | 5:13.42 | 200901036 | 5:16.72 402 | | | |
| | 50m: 33.85 | 33.85 | 150m: 1:52.06 | 40.30 | 250m: 3:14.31 | 41.37 | 350m: 4:37.13 | 41.48 |
| | 100m: 1:11.76 | 37.91 | 200m: 2:32.94 | 40.88 | 300m: 3:55.65 | 41.34 | 400m: 5:16.72 | 39.59 |
| 2. | Pleun Schouten | De IJsselmeeuwen | 6:00.25 | 201002106 | 5:32.40 348 | | | |
| | 50m: 36.91 | 36.91 | 150m: 1:59.20 | 42.17 | 250m: 3:24.10 | 42.60 | 350m: 4:51.75 | 43.02 |
| | 100m: 1:17.03 | 40.12 | 200m: 2:41.50 | 42.30 | 300m: 4:08.73 | 44.63 | 400m: 5:32.40 | 40.65 |
| 3. | Lenore Donker | NDD | 5:57.95 | 201000080 | 5:54.61 287 | | | |
| | 50m: 39.01 | 39.01 | 150m: 2:08.36 | 45.80 | 250m: 3:41.06 | 46.68 | 350m: 5:11.07 | 43.55 |
| | 100m: 1:22.56 | 43.55 | 200m: 2:54.38 | 46.02 | 300m: 4:27.52 | 46.46 | 400m: 5:54.61 | 43.54 |
| 4. | Evelyne Nas | NDD | NT | 200902066 | 6:31.44 213 | | | |
| | 50m: 44.09 | 44.09 | 150m: 2:21.45 | 49.51 | 250m: 4:00.33 | 49.70 | 350m: 5:30.65 | 42.36 |
| | 100m: 1:31.94 | 47.85 | 200m: 3:10.63 | 49.18 | 300m: 4:48.29 | 47.96 | 400m: 6:31.44 | 1:00.79 |

Jeugd 1 en 2

| | | | | | | | | |
|----|---------------|-------|---------------|-----------|--------------------|-------|---------------|-------|
| 1. | Felice Baris | NDD | 4:57.40 | 200701822 | 4:54.38 501 | | | |
| | 50m: 32.42 | 32.42 | 150m: 1:45.39 | 36.75 | 250m: 3:00.92 | 38.33 | 350m: 4:17.32 | 38.51 |
| | 100m: 1:08.64 | 36.22 | 200m: 2:22.59 | 37.20 | 300m: 3:38.81 | 37.89 | 400m: 4:54.38 | 37.06 |

Senioren 1 en ouder

| | | | | | | | | |
|----|------------------|------------------|---------------|-----------|--------------------|-------|---------------|-------|
| 1. | Welmoed Doornbos | De IJsselmeeuwen | 5:11.24 | 200203352 | 5:21.82 384 | | | |
| | 50m: 33.08 | 33.08 | 150m: 1:52.27 | 40.64 | 250m: 3:16.02 | 42.08 | 350m: 4:40.09 | 41.25 |
| | 100m: 1:11.63 | 38.55 | 200m: 2:33.94 | 41.67 | 300m: 3:58.84 | 42.82 | 400m: 5:21.82 | 41.73 |
| 2. | Azra Guler | NDD | 5:19.61 | 200503054 | 5:23.16 379 | | | |
| | 50m: 35.54 | 35.54 | 150m: 1:58.64 | 43.07 | 250m: 3:22.13 | 41.37 | 350m: 4:44.76 | 40.34 |
| | 100m: 1:15.57 | 40.03 | 200m: 2:40.76 | 42.12 | 300m: 4:04.42 | 42.29 | 400m: 5:23.16 | 38.40 |

DIS Daphne Jonkers De IJsselmeeuwen NT 200605288
AF - De aangegeven afstand niet uitgezwommen.

Programmanr. 2
28-10-2023 - 14:15

Heren, 100m rugslag

Junioren 1 en ouder
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | tijd | Pnt | 50m | 100m |
|------------------------|------------------|---------------|---------|-----------|--------------------|-------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Morris Opgenoort | CWW Swimteam | 1:27.36 | 201001143 | 1:21.65 207 | 38.89 | 1:21.65 |
| 2. | Justin Peters | NDD | 1:44.46 | 201101639 | 1:35.95 127 | 46.42 | 1:35.95 |
| Junioren 3 en 4 | | | | | | | |
| AFGEM | Timo Berghuis | NDD | 1:12.18 | 200801991 | | | |
| Jeugd 1 en 2 | | | | | | | |
| 1. | Joost Pollmann | ZV Overbetuwe | 1:22.47 | 200603521 | 1:21.46 208 | 39.48 | 1:21.46 |

KNZB Regio Oost Circuit deel 1

Programmanr. 3
28-10-2023 - 14:15

Dames, 100m rugslag

Senioren Open
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | tijd | Pnt | 50m | 100m |
|------------------------|-----------------|------------------|-------------------|----------------|-----|-------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Elize Horstman | De IJsselmeeuwen | 1:55.39 201200160 | 1:47.14 | 134 | 51.03 | 1:47.14 |
| 2. | Emma Kronenburg | ZV Overbetuwe | 1:56.93 201202454 | 1:51.64 | 118 | 52.06 | 1:51.64 |
| 3. | Julia Harmsen | De IJsselmeeuwen | NT 201103496 | 1:57.46 | 102 | 55.85 | 1:57.46 |

Junioren 3 en 4

| | | | | | | | |
|----|------------------|------------------|-------------------|----------------|-----|-------|---------|
| 1. | Isis Lamers | ZV Overbetuwe | 1:40.11 201000346 | 1:37.14 | 180 | 48.00 | 1:37.14 |
| 2. | Sanne Wolsheimer | De IJsselmeeuwen | 1:38.00 200901646 | 1:41.57 | 157 | 47.40 | 1:41.57 |

Senioren 1 en ouder

| | | | | | | | |
|-----|------------------|---------------|-------------------|----------------|-----|-------|---------|
| 1. | Anouk van Beugen | ZV Overbetuwe | 1:23.77 200303586 | 1:26.44 | 256 | 41.34 | 1:26.44 |
| 2. | Nour Habib | ZV Overbetuwe | 1:38.13 200603986 | 1:36.55 | 183 | 46.36 | 1:36.55 |
| DIS | Amber van Beugen | ZV Overbetuwe | 1:41.77 200600636 | | | | |

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Programmanr. 4
28-10-2023 - 14:20

Heren, 200m schoolslag

Junioren 1 en ouder
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | tijd | Pnt | 50m | 100m | 150m | 200m |
|------------------------|---------------|---------------|-------------------|----------------|-----|-------|---------|---------|---------|
| Junioren 1 en 2 | | | | | | | | | |
| 1. | Rowan Sewnath | ZV Overbetuwe | 3:58.57 201002757 | 3:34.20 | 176 | 47.74 | 1:41.89 | 2:37.98 | 3:34.20 |
| 2. | Tygo Spaan | ZV Overbetuwe | NT 201100605 | 3:53.22 | 136 | 52.40 | 1:51.69 | 2:53.98 | 3:53.22 |

Junioren 3 en 4

| | | | | | | | | | |
|-----|---------------|---------------|-------------------|----------------|-----|-------|---------|---------|---------|
| 1. | Timo Berghuis | NDD | NT 200801991 | 2:49.15 | 358 | 38.09 | 1:22.07 | 2:06.59 | 2:49.15 |
| 2. | Enna Lamers | ZV Overbetuwe | 3:19.87 200800899 | 3:00.86 | 293 | 39.73 | 1:25.92 | 2:14.54 | 3:00.86 |
| DIS | Simon Robben | ZV Overbetuwe | NT 200804069 | | | | | | |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Jeugd 1 en 2

| | | | | | | | | | |
|----|--------------|---------------|-------------------|----------------|-----|-------|---------|---------|---------|
| 1. | Odo McCarthy | ZV Overbetuwe | 3:12.35 200700307 | 2:49.34 | 357 | 38.09 | 1:21.86 | 2:05.90 | 2:49.34 |
| 2. | Gyan Spaan | ZV Overbetuwe | 3:08.16 200701061 | 2:53.14 | 334 | 38.38 | 1:22.79 | 2:08.98 | 2:53.14 |
| 3. | Thomas Natte | ZV Overbetuwe | NT 200603499 | 3:36.06 | 172 | 46.96 | 1:41.24 | 2:38.02 | 3:36.06 |

Senioren 1 en ouder

| | | | | | | | | | |
|----|----------------|-----|--------------|----------------|-----|-------|---------|---------|---------|
| 1. | Sander Burgers | NDD | NT 200103671 | 3:00.05 | 297 | 39.06 | 1:23.97 | 2:11.49 | 3:00.05 |
|----|----------------|-----|--------------|----------------|-----|-------|---------|---------|---------|

Programmanr. 5
28-10-2023 - 14:30

Dames, 200m schoolslag

Senioren Open
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | tijd | Pnt | 50m | 100m | 150m | 200m |
|------------------------|-------------------|---------------|--------------|----------------|-----|-------|---------|---------|---------|
| Junioren 1 en 2 | | | | | | | | | |
| 1. | Melissa ter Horst | ZV Overbetuwe | NT 201100678 | 3:38.74 | 232 | 47.40 | 1:43.69 | 2:41.39 | 3:38.74 |
| 2. | Eliza Fokkink | NDD | NT 201102008 | 3:49.83 | 200 | 50.50 | 1:49.34 | 2:50.44 | 3:49.83 |
| 3. | Julia Kerkman | ZV Overbetuwe | NT 201103502 | 3:57.94 | 180 | 53.13 | 1:54.65 | 2:56.59 | 3:57.94 |
| 4. | Roos Hoogakker | ZV Overbetuwe | NT 201102420 | 4:08.20 | 159 | 52.35 | 1:55.35 | 3:01.64 | 4:08.20 |
| DIS | Thirza Middeldorp | NDD | NT 201103536 | | SL | | | | |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

KNZB Regio Oost Circuit deel 1

Programmanr. 5, Dames, 200m schoolslag

Junioren 3 en 4

| | | | | | | | | | |
|-----------------------|---------------|---------|--------------|----------------|-----|-------|---------|---------|---------|
| 1. Maite Opgenoort | CWW Swimteam | 3:34.11 | 201001464 | 3:31.07 | 259 | 47.56 | 1:40.62 | 2:35.49 | 3:31.07 |
| 2. Sofie Bulsink | ZV Overbetuwe | 3:49.44 | 201001470 | 3:42.75 | 220 | 52.32 | 1:49.86 | 2:47.84 | 3:42.75 |
| 3. Lotte Groot | ZV Overbetuwe | | NT 201003976 | 4:05.19 | 165 | 54.46 | 1:57.13 | 3:01.20 | 4:05.19 |
| AFGEM Berber McCarthy | ZV Overbetuwe | 3:53.51 | 200901466 | | | | | | |

Jeugd 1 en 2

| | | | | | | | | | |
|-------------------|---------------|---------|--------------|----------------|-----|-------|---------|---------|---------|
| 1. Fenna Reijmers | CWW Swimteam | 2:59.01 | 200800244 | 2:54.45 | 459 | 39.58 | 1:23.31 | 2:09.02 | 2:54.45 |
| 2. Felice Baris | NDD | 3:03.00 | 200701822 | 3:01.75 | 405 | 40.86 | 1:26.71 | 2:14.79 | 3:01.75 |
| 3. Juliët Matser | ZV Overbetuwe | | NT 200801366 | 3:46.90 | 208 | 51.07 | 1:48.63 | 2:48.59 | 3:46.90 |

Senioren 1 en ouder

| | | | | | | | | | |
|------------------|---------------|---------|--------------|----------------|-----|-------|---------|---------|---------|
| 1. Janne Giesen | ZV Overbetuwe | | NT 200505418 | 3:45.64 | 212 | 50.02 | 1:47.11 | 2:46.68 | 3:45.64 |
| 2. Shaya Sewnath | ZV Overbetuwe | 3:43.56 | 200602576 | 3:47.07 | 208 | 49.13 | 1:48.00 | 2:48.36 | 3:47.07 |

Programmanr. 6

28-10-2023 - 14:45

Heren, 50m vlinderslag

Junioren 1 en ouder

Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | | tijd | Pnt |
|---------------------|------------|--------------|--------|-----------|--------------|-----|
| Jeugd 1 en 2 | | | | | | |
| 1. | Tom Arians | CWW Swimteam | 31.70 | 200703219 | 31.05 | 343 |

Senioren 1 en ouder

| | | | | | | |
|-------------------|-----|-------|-----------|--|--------------|-----|
| 1. Sander Burgers | NDD | 30.02 | 200103671 | | 30.10 | 377 |
|-------------------|-----|-------|-----------|--|--------------|-----|

Programmanr. 7

28-10-2023 - 14:45

Dames, 50m vlinderslag

Senioren Open

Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | | tijd | Pnt |
|------------------------|---------------|------------|--------|-----------|--------------|-----|
| Junioren 1 en 2 | | | | | | |
| 1. | Anouk Wullink | NDD | 49.24 | 201101286 | 48.51 | 126 |
| 2. | Joleine Nas | NDD | 54.62 | 201200486 | 51.38 | 106 |
| 3. | Eliza Fokink | NDD | 58.67 | 201102008 | 55.18 | 86 |

Junioren 3 en 4

| | | | | | | |
|-----------------------|------------------|-------|-----------|--|--------------|-----|
| 1. Pleun Schouten | De IJsselmeeuwen | 36.38 | 201002106 | | 37.72 | 270 |
| 2. Evelyne Nas | NDD | 40.92 | 200902066 | | 38.86 | 246 |
| 3. Nena van Amerongen | NDD | 43.18 | 201002188 | | 41.39 | 204 |
| 4. Annelot Thijssen | NDD | 43.04 | 201002186 | | 42.94 | 183 |
| 5. Sanne Wolsheimer | De IJsselmeeuwen | 46.18 | 200901646 | | 44.41 | 165 |

Jeugd 1 en 2

| | | | | | | |
|-------------------|--------------|-------|-----------|--|--------------|-----|
| 1. Jente Koren | NDD | 28.46 | 200703560 | | 29.00 | 594 |
| 2. Imke Riefel | NDD | 32.60 | 200801994 | | 32.46 | 423 |
| 3. Fenna Reijmers | CWW Swimteam | 33.24 | 200800244 | | 36.13 | 307 |

Senioren 1 en ouder

| | | | | | | |
|-------------------|------------------|-------|-----------|--|--------------|-----|
| 1. Azra Guler | NDD | 34.34 | 200503054 | | 35.00 | 337 |
| 2. Daphne Jonkers | De IJsselmeeuwen | 56.69 | 200605288 | | 55.74 | 83 |

KNZB Regio Oost Circuit deel 1

Programmanr. 8
28-10-2023 - 14:50

Heren, 100m vrije slag

Junioren 1 en ouder
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | | tijd | Pnt | 50m | 100m |
|------------------------|------------------|---------------|---------|-----------|----------------|-----|-------|---------|
| Junioren 1 en 2 | | | | | | | | |
| 1. | Morris Opgenoort | CWW Swimteam | 1:17.33 | 201001143 | 1:13.03 | 231 | 35.07 | 1:13.03 |
| 2. | Rowan Sewnath | ZV Overbetuwe | 1:26.24 | 201002757 | 1:23.44 | 155 | 38.52 | 1:23.44 |
| 3. | Justin Peters | NDD | 1:28.77 | 201101639 | 1:23.70 | 153 | 39.71 | 1:23.70 |

Junioren 3 en 4

| | | | | | | | | |
|----|---------------|---------------|---------|-----------|----------------|-----|-------|---------|
| 1. | Timo Berghuis | NDD | 1:02.81 | 200801991 | 58.28 | 455 | 28.42 | 58.28 |
| 2. | Enna Lamers | ZV Overbetuwe | 1:03.11 | 200800899 | 1:02.96 | 361 | 29.90 | 1:02.96 |
| 3. | Simon Robben | ZV Overbetuwe | NT | 200804069 | 1:34.61 | 106 | 43.16 | 1:34.61 |

Jeugd 1 en 2

| | | | | | | | | |
|----|----------------|---------------|---------|-----------|----------------|-----|-------|---------|
| 1. | Tom Ariens | CWW Swimteam | 58.80 | 200703219 | 58.93 | 440 | 28.12 | 58.93 |
| 2. | Odo McCarthy | ZV Overbetuwe | 59.60 | 200700307 | 59.49 | 428 | 28.43 | 59.49 |
| 3. | Gyan Spaan | ZV Overbetuwe | 1:03.15 | 200701061 | 1:02.51 | 369 | 29.63 | 1:02.51 |
| 4. | Joost Pollmann | ZV Overbetuwe | 1:14.33 | 200603521 | 1:11.37 | 247 | 33.72 | 1:11.37 |
| 5. | Thomas Natte | ZV Overbetuwe | 1:19.33 | 200603499 | 1:23.71 | 153 | 39.46 | 1:23.71 |

Senioren 1 en ouder

| | | | | | | | | |
|-------|--------------|---------------|-------|-----------|--|--|--|--|
| AFGEM | Luc McCarthy | ZV Overbetuwe | 57.24 | 200401469 | | | | |
|-------|--------------|---------------|-------|-----------|--|--|--|--|

Programmanr. 9
28-10-2023 - 14:55

Dames, 100m vrije slag

Senioren Open
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | | tijd | Pnt | 50m | 100m |
|------------------------|-------------------|------------------|---------|-----------|----------------|------|-------|---------|
| Junioren 1 en 2 | | | | | | | | |
| 1. | Melissa ter Horst | ZV Overbetuwe | 1:20.12 | 201100678 | 1:21.39 | 235 | 38.46 | 1:21.39 |
| 2. | Roos Hoogakker | ZV Overbetuwe | 1:34.50 | 201102420 | 1:32.69 | 159 | 42.95 | 1:32.69 |
| 3. | Thirza Middeldorp | NDD | NT | 201103536 | 1:35.80 | FJ 1 | 144 | 44.27 |
| 4. | Joleine Nas | NDD | 1:41.66 | 201200486 | 1:35.80 | FJ 2 | 144 | 44.12 |
| 5. | Elize Horstman | De IJsselmeeuwen | 1:32.63 | 201200160 | 1:39.84 | 127 | 44.85 | 1:39.84 |
| 6. | Julia Kerkman | ZV Overbetuwe | 1:39.74 | 201103502 | 1:51.60 | 91 | 48.25 | 1:51.60 |

Junioren 3 en 4

| | | | | | | | | |
|-------|--------------------|---------------|---------|-----------|----------------|-----|-------|---------|
| 1. | Elin Das | NDD | 1:09.60 | 200901036 | 1:09.45 | 378 | 32.83 | 1:09.45 |
| 2. | Maite Opgenoort | CWW Swimteam | 1:14.56 | 201001464 | 1:12.27 | 336 | 35.05 | 1:12.27 |
| 3. | Lenore Donker | NDD | 1:17.36 | 201000080 | 1:15.56 | 294 | 36.73 | 1:15.56 |
| 4. | Nena van Amerongen | NDD | 1:20.28 | 201002188 | 1:17.42 | 273 | 37.28 | 1:17.42 |
| 5. | Annelot Thijssen | NDD | 1:25.08 | 201002186 | 1:27.77 | 187 | 42.13 | 1:27.77 |
| 6. | Lotte Groot | ZV Overbetuwe | NT | 201003976 | 1:38.67 | 132 | 46.58 | 1:38.67 |
| AFGEM | Berber McCarthy | ZV Overbetuwe | 1:23.74 | 200901466 | | | | |

Senioren 1 en ouder

| | | | | | | | | |
|----|------------------|------------------|---------|-----------|----------------|-----|-------|---------|
| 1. | Welmoed Doornbos | De IJsselmeeuwen | 1:04.58 | 200203352 | 1:06.75 | 426 | 31.25 | 1:06.75 |
| 2. | Janne Giesen | ZV Overbetuwe | 1:22.61 | 200505418 | 1:23.50 | 217 | 39.91 | 1:23.50 |
| 3. | Nour Habib | ZV Overbetuwe | 1:23.90 | 200603986 | 1:27.64 | 188 | 41.82 | 1:27.64 |

KNZB Regio Oost Circuit deel 1

Programmanr. 10
28-10-2023 - 15:00

Heren, 50m schoolslag

Junioren 1 en ouder
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | | tijd | Pnt |
|------------------------|---------------|------------|--------|-----------|--------------|-----|
| Junioren 1 en 2 | | | | | | |
| 1. | Justin Peters | NDD | 51.72 | 201101639 | 49.07 | 131 |

Programmanr. 11
28-10-2023 - 15:05

Dames, 50m schoolslag

Senioren Open
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | | tijd | Pnt |
|------------------------|-----------------|------------------|--------|-----------|--------------|-----|
| Junioren 1 en 2 | | | | | | |
| 1. | Eliza Fokkink | NDD | 50.05 | 201102008 | 48.82 | 200 |
| 2. | Julia Harmsen | De IJsselmeeuwen | 58.59 | 201103496 | 51.93 | 166 |
| 3. | Emma Kronenburg | ZV Overbetuwe | 53.38 | 201202454 | 52.12 | 164 |
| DIS | Joleine Nas | NDD | 58.59 | 201200486 | | |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Junioren 3 en 4

| | | | | | | |
|----|--------------------|-----|-------|-----------|--------------|-----|
| 1. | Lenore Donker | NDD | 46.98 | 201000080 | 46.53 | 231 |
| 2. | Evelyne Nas | NDD | 50.33 | 200902066 | 47.03 | 223 |
| 3. | Annelot Thijssen | NDD | 45.55 | 201002186 | 47.15 | 222 |
| 4. | Nena van Amerongen | NDD | 50.50 | 201002188 | 51.43 | 171 |

Jeugd 1 en 2

| | | | | | | |
|----|----------------|--------------|-------|-----------|--------------|-----|
| 1. | Imke Riefel | NDD | 36.90 | 200801994 | 36.53 | 477 |
| 2. | Fenna Reijmers | CWW Swimteam | 39.01 | 200800244 | 37.54 | 440 |
| 3. | Felice Baris | NDD | 37.48 | 200701822 | 38.02 | 423 |

Senioren 1 en ouder

| | | | | | | |
|----|------------------|---------------|-------|-----------|--------------|-----|
| 1. | Azra Guler | NDD | 40.76 | 200503054 | 41.63 | 322 |
| 2. | Amber van Beugen | ZV Overbetuwe | 46.79 | 200600636 | 49.08 | 197 |

Programmanr. 12
28-10-2023 - 15:10

Heren, 200m wisselslag

Junioren 1 en ouder
Resultaten

Punten: FINA 2022

| rang | naam | vereniging | intijd | | tijd | Pnt | 50m | 100m | 150m | 200m |
|------------------------|------------------|---------------|---------|-----------|----------------|-----|-------|------|------|---------|
| Junioren 1 en 2 | | | | | | | | | | |
| 1. | Morris Opgenoort | CWW Swimteam | 3:23.28 | 201001143 | 3:10.83 | 189 | 39.05 | | | 3:10.83 |
| 2. | Tygo Spaan | ZV Overbetuwe | 3:45.19 | 201100605 | 3:40.08 | 123 | 57.63 | | | 3:40.08 |

Junioren 3 en 4

| | | | | | | | | | | |
|----|---------------|---------------|---------|-----------|----------------|-----|-------|--|--|---------|
| 1. | Timo Berghuis | NDD | 2:37.52 | 200801991 | 2:35.18 | 352 | 32.09 | | | 2:35.18 |
| 2. | Enna Lamers | ZV Overbetuwe | 2:40.98 | 200800899 | 2:38.73 | 329 | 35.52 | | | 2:38.73 |

Jeugd 1 en 2

| | | | | | | | | | | |
|----|----------------|---------------|---------|-----------|----------------|-----|-------|--|--|---------|
| 1. | Odo McCarthy | ZV Overbetuwe | 2:32.56 | 200700307 | 2:29.61 | 393 | 32.33 | | | 2:29.61 |
| 2. | Gyan Spaan | ZV Overbetuwe | 2:45.13 | 200701061 | 2:41.45 | 313 | 33.63 | | | 2:41.45 |
| 3. | Tom Arians | CWW Swimteam | 2:42.65 | 200703219 | 2:45.21 | 292 | 33.86 | | | 2:45.21 |
| 4. | Joost Pollmann | ZV Overbetuwe | 3:20.54 | 200603521 | 3:02.67 | 216 | 40.13 | | | 3:02.67 |

Senioren 1 en ouder

| | | | | | | | | | | |
|----|--------------------|---------------|---------|-----------|----------------|-----|-------|--|--|---------|
| 1. | Sander Burgers | NDD | 2:35.78 | 200103671 | 2:40.36 | 319 | 33.47 | | | 2:40.36 |
| | AFGEM Luc McCarthy | ZV Overbetuwe | 2:30.49 | 200401469 | | | | | | |

KNZB Regio Oost Circuit deel 1

Programmanr. 13
28-10-2023 - 15:15

Dames, 200m wisselslag

Senioren Open
Resultaten

Punten: FINA 2022

| rang naam | vereniging | intijd | tijd | Pnt | 50m | 100m | 150m | 200m |
|----------------------------|------------------|---------|-----------|----------------|-----|-------|------|---------|
| Junioren 1 en 2 | | | | | | | | |
| 1. Melissa ter Horst | ZV Overbetuwe | 3:15.18 | 201100678 | 3:21.57 | 220 | 48.32 | | 3:21.57 |
| 2. Anouk Wullink | NDD | 3:28.93 | 201101286 | 3:32.69 | 188 | 51.88 | | 3:32.69 |
| Junioren 3 en 4 | | | | | | | | |
| 1. Elin Das | NDD | 2:48.27 | 200901036 | 2:53.58 | 346 | 37.57 | | 2:53.58 |
| 2. Pleun Schouten | De IJsselmeeuwen | 3:03.60 | 201002106 | 2:55.89 | 332 | 38.73 | | 2:55.89 |
| 3. Maite Opgenoort | CWW Swimteam | 3:14.71 | 201001464 | 3:07.56 | 274 | 43.74 | | 3:07.56 |
| 4. Sanne Wolsheimer | De IJsselmeeuwen | 3:33.99 | 200901646 | 3:32.68 | 188 | 49.08 | | 3:32.68 |
| 5. Sofie Bulsink | ZV Overbetuwe | 3:49.28 | 201001470 | 3:33.17 | 186 | 50.12 | | 3:33.17 |
| 6. Isis Lamers | ZV Overbetuwe | 3:42.80 | 201000346 | 3:33.28 | 186 | 52.49 | | 3:33.28 |
| Jeugd 1 en 2 | | | | | | | | |
| 1. Jente Koren | NDD | 2:32.01 | 200703560 | 2:38.73 | 452 | 32.59 | | 2:38.73 |
| 2. Juliët Matser | ZV Overbetuwe | 3:08.24 | 200801366 | 3:13.61 | 249 | 44.06 | | 3:13.61 |
| Senioren 1 en ouder | | | | | | | | |
| 1. Anouk van Beugen | ZV Overbetuwe | 3:03.23 | 200303586 | 3:11.01 | 259 | 46.41 | | 3:11.01 |
| 2. Shaya Sewnath | ZV Overbetuwe | 3:19.66 | 200602576 | 3:21.83 | 220 | 45.59 | | 3:21.83 |