

	50m 00:48.56 48,56	100m 01:53.35 64,79	200m 03:51.44 118,09	400m 08:11.81 260,37	
8. Jacob Garrett (De IJsselmeeuwen, 201003573)	50m 00:56.31 56,31	100m 02:01.24 64,93	200m 04:19.81 138,57	400m 09:00.73 280,92	18:18.43
5. 200m vrije slag - Dames 8 - 9 jaar (Minioren 3 en 4)					
1. Juliet Donker (Ndd, 201400374)	50m 00:49.34 49,34	100m 01:49.05 59,71			03:50.68
6. 200m vrije slag - Heren 8 - 9 jaar (Minioren 3 en 4)					
7. 400m vrije slag - Dames 10 - 10 jaar (Minioren 5)					
1. Plien Langelaan (Ndd, 201300558)	50m 00:44.79 44,79	100m 01:37.98 53,19	200m 03:25.61 107,63		07:01.09
DIS. Dané van Til (De IJsselmeeuwen, 201301916)					00:00.00
8. 400m vrije slag - Heren 10 - 11 jaar (Minioren 5 en 6)					
1. Rutger Donker (Ndd, 201200361)	50m 00:36.97 36,97	100m 01:23.27 46,30	200m 02:54.47 91,20		06:00.02
2. Jesse van Dijk (Olympia, 201300001)	50m 00:46.01 46,01	100m 01:37.76 51,75	200m 03:24.73 106,97		06:54.40
3. Julian Brouwer (De IJsselmeeuwen, 201301573)	50m 00:52.23 52,23	100m 01:51.70 59,47	200m 03:53.45 121,75		07:57.23
3. 200m wisselslag - Dames vanaf 11 jaar (Senioren Open)					
1. Felice Baris (Ndd, 200701822)	50m 00:36.29 36,29				02:48.58
2. Sterre Karmiggelt (De IJsselmeeuwen, 200601786)	50m 00:36.51 36,51				02:55.71
3. Daphne van der Wielen (Olympia, 200800220)	50m 00:40.20 40,20				02:56.80
4. Lenore Donker (Ndd, 201000080)	50m 00:45.79 45,79				03:13.12
5. Anouk Wullink (Ndd, 201101286)	50m 00:50.91 50,91				03:31.70
6. Daphne Jonkers (De IJsselmeeuwen, 200605288)	50m 00:56.69 56,69				04:36.40
4. 200m wisselslag - Heren vanaf 11 jaar (Senioren Open)					
1. Timo Berghuis (Ndd, 200801991)	50m 00:31.15 31,15				02:34.03
2. Kai Ticheloven (Ndd, 200600941)	50m 00:36.54 36,54				02:53.89
3. Gerco van Dijk (Olympia, 201000997)	50m 00:38.15 38,15				02:57.07
9. 1500m vrije slag - Dames vanaf 13 jaar (Junioren 3 en ouder)					
1. Azra Guler (Ndd, 200503054)	50m 00:38.52 38,52	100m 01:21.80 43,28	200m 02:48.60 86,80	400m 05:45.39 176,79	800m 11:44.11 358,72
2. Anouk van Beugen (ZV Overbetuwe, 200303586)	50m 00:38.52 38,52	100m 01:21.80 43,28	200m 02:52.28 90,45	400m 05:57.56 185,28	800m 12:12.74 375,18

	100m 01:21.83 43,31	400m 05:57.56 185,28	800m 12:12.74 375,18	
3. Elise van der Wielen (Olympia, 200700346)	50m 00:40.39 40,39	200m 03:02.62 97,01	400m 06:20.85 198,23	800m 12:56.00 395,15
	100m 01:25.61 45,22	400m 06:20.85 198,23	800m 12:56.00 395,15	24:16.11
4. Diede Hof (ZV Overbetuwe, 200802744)	50m 00:39.85 39,85	200m 02:57.83 94,04	400m 06:14.89 197,06	800m 13:10.13 415,24
	100m 01:23.79 43,94	400m 06:14.89 197,06	800m 13:10.13 415,24	25:26.81
5. Isis Lamers (ZV Overbetuwe, 201000346)	50m 00:45.13 45,13	200m 03:25.29 108,19	400m 07:10.60 225,31	800m 14:52.95 462,35
	100m 01:37.10 51,97	400m 07:10.60 225,31	800m 14:52.95 462,35	28:28.80
6. Sofie Bulsink (ZV Overbetuwe, 201001470)	50m 00:44.32 44,32	200m 03:27.16 111,19	400m 07:17.50 230,34	800m 15:07.44 469,94
	100m 01:35.97 51,65	400m 07:17.50 230,34	800m 15:07.44 469,94	28:37.13
10. 1500m vrije slag - Heren				
<i>vanaf 14 jaar (Junioren 3 en ouder)</i>				
1. Hessel Robert (Het Y, 200200917)	50m 00:28.18 28,18	200m 02:06.26 65,79	400m 04:19.09 132,83	800m 08:47.87 268,78
	100m 01:00.47 32,29	400m 04:19.09 132,83	800m 08:47.87 268,78	16:46.82
2. Odo McCarthy (ZV Overbetuwe, 200700307)	50m 00:31.98 31,98	200m 02:24.14 75,37	400m 04:57.48 153,34	800m 10:20.40 322,92
	100m 01:08.77 36,79	400m 04:57.48 153,34	800m 10:20.40 322,92	19:56.40
3. Enna Lamers (ZV Overbetuwe, 200800899)	50m 00:33.82 33,82	200m 02:33.49 81,15	400m 05:20.81 167,32	800m 10:59.41 338,60
	100m 01:12.34 38,52	400m 05:20.81 167,32	800m 10:59.41 338,60	20:36.77
4. Gyan Spaan (ZV Overbetuwe, 200701061)	50m 00:32.74 32,74	200m 02:29.79 79,52	400m 05:15.27 165,48	800m 10:56.04 340,77
	100m 01:10.27 37,53	400m 05:15.27 165,48	800m 10:56.04 340,77	20:50.07
5. Joost Pollmann (ZV Overbetuwe, 200603521)	50m 00:37.48 37,48	200m 02:58.92 97,38	400m 06:18.39 199,47	800m 13:07.51 409,12
	100m 01:21.54 44,06	400m 06:18.39 199,47	800m 13:07.51 409,12	24:39.60