

ZV Overbetuwe  
Pers. records

woensdag 20 april 2022

vrijdag 1 september 2000 - donderdag 1 september 2022

Naam, voornaam	Geb.dat.	50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Emma Altena	9-4-2007	50m 25m	35.13	1:18.65	3:01.51	7:19.03	41.40	1:59.02		41.72	1:36.09 1:26.97		48.99	1:44.22	4:00.44	1:30.71	3:36.60 3:36.07		
Amber van Beugen	27-8-2006	25m	36.13	1:22.87	3:14.47					46.19	1:49.47		48.17	1:45.97		1:52.78			
Anouk van Beugen	27-9-2003	50m 25m	33.72 33.02	1:15.10 1:10.28	2:46.45 2:43.01	5:45.74	11:43.99	41.31	1:39.55	3:45.04	39.80	1:24.03	3:14.98	44.33 41.99	1:34.48 1:32.41	3:26.18	1:25.20	3:03.23	6:46.18
Sofie Bulsink	17-9-2010	25m	40.16	1:36.01	3:47.16	7:54.92	16:09.44	58.09			51.50	1:47.90		55.16	1:57.50	4:08.86	2:01.47	4:03.96	
Finn Foekens	22-2-2007	50m 25m	33.64	1:40.33 1:16.99	2:55.80	6:38.24	43.88	1:46.27		42.61	1:36.98	3:22.02	43.47	1:33.67	3:33.72	1:33.14	3:28.67		
Dinand de Graaff	12-5-2010	25m	40.78	1:39.01	3:30.75					53.19	1:49.09		55.29	2:00.29					
Nour Habib	3-12-2006	50m 25m	39.56	1:37.94 1:34.37	3:19.02		58.47 55.24			48.19	1:43.71	3:44.73	55.21	2:03.65		1:49.32			
Diede Hof	30-12-2008	50m 25m	36.03	1:29.28 1:19.91	3:22.70 3:24.25	7:07.54	14:48.08	49.46 43.61	1:50.28	46.15	1:36.28	3:25.63	48.54	1:42.32	3:56.49	1:31.76	3:46.69 3:44.24	8:03.82	
Mila Hof	25-2-2011	50m 25m	45.60	1:53.29 1:41.70	3:39.58	7:56.38		1:09.37 1:02.16		50.43	1:44.87		57.84	2:03.99 1:59.92		1:50.41	4:46.65 4:09.86		
Roos Hoogakker	29-8-2011	25m	53.42	2:06.46						59.48	2:19.81		1:00.85						
Melissa ter Horst	5-12-2011	50m 25m	39.67	1:40.24 1:27.46	3:13.26	7:05.47		58.28 50.70	2:00.38	43.58	1:36.64		49.92	2:14.33 1:48.71		1:39.02	3:34.82		
Enna Lamers	1-12-2008	25m	30.52	1:08.02	2:48.40	5:43.29		39.37	1:57.16	37.70	1:20.70	2:53.76	41.94	1:36.37	3:19.87	1:19.64	3:01.40		
Isis Lamers	1-3-2010	25m	41.51	1:37.18	3:25.65	8:15.89	17:30.03	57.70	2:07.37	53.39	1:48.48		1:00.17	2:08.86	4:44.67	1:59.73	3:57.81		
Luca Leerentveld	9-10-2012	25m	48.76	1:45.03						54.32	1:58.16		1:00.23	2:05.33		2:01.57			
Juliët Matser	25-8-2008	25m	36.29	1:20.73	3:32.70	7:13.02		47.36	1:57.55	43.05	1:34.16	3:13.61	49.93	1:47.55	4:06.76	1:35.18	3:25.68		
Benjamin McCarthy	31-5-2003	50m 25m	27.59 27.08	1:00.90 59.75	2:21.10 2:21.56	5:56.02 5:08.52	19:38.93	43.19 32.76	1:18.17 1:11.81	3:17.41	33.31 31.52	1:16.34 1:08.17	2:34.44 2:29.51	38.62	1:21.80	3:06.88	1:14.00	2:59.22 2:32.32	5:38.77 5:25.72
Berber McCarthy	8-5-2009	50m 25m	38.11	1:48.36 1:31.00		8:44.57				44.31	1:42.33		48.42	1:58.66 1:43.03	3:53.51	1:32.92			
Luc McCarthy	10-12-2004	50m 25m	28.28 26.27	1:09.70 57.24	2:25.87 2:14.93	4:58.78	20:04.14	32.75	1:16.21		34.80 33.51	1:07.77	2:49.41	36.29	1:20.14	2:54.88	1:09.40	2:32.07	5:29.84
Odo McCarthy	31-8-2007	50m 25m	32.41 28.19	1:16.53 1:02.44	2:46.03 2:26.08	5:17.14	20:50.87	34.42	1:30.00		34.02	1:13.89		40.43	1:24.60	3:12.35	1:14.27	3:08.51 2:44.84	5:59.68
Thomas Natte	13-12-2006	50m 25m	44.32 40.96	1:40.78 1:29.82	3:19.28	7:29.85	29:15.17			54.60	1:53.71		48.83	1:57.16 1:53.25	4:09.02	1:57.98			
Annelore Olsson	20-2-2008	25m	44.09	1:32.58						55.09	1:50.33		49.64	1:49.60	4:07.32				
Joost Pollmann	5-2-2006	50m 25m	37.15 35.22	1:18.13	3:08.41	6:50.83	27:19.05	48.56 43.63	1:44.74	42.12	1:35.29	3:38.18	48.43	1:45.05	3:43.34	1:32.05	3:22.48	7:17.94	
Sam Pollmann	2-10-2003	50m 25m	30.02	1:12.76 1:09.68	2:45.18	5:55.77	23:23.43	37.06	1:36.73 1:29.59		36.01	1:24.01 1:19.09	2:52.87	45.20	1:35.71	3:30.39	1:20.34	2:58.76	6:51.06 6:28.10
Helena Prigione	10-4-2011	25m	48.67	2:00.01						59.00									
Mats van der Rijst	7-7-2006	50m 25m	31.31	1:08.88	2:35.91	6:08.45		33.88	1:32.74		37.10 32.92	1:25.79 1:11.68	2:35.82	42.10 38.20	1:30.29 1:23.23	3:12.51 3:16.07	1:15.60	2:56.99 2:46.19	
Rowan Sewnath	17-4-2010	25m	42.56	1:43.81						51.87			54.54						
Shaya Sewnath	10-4-2006	25m	35.66	1:21.90	3:08.26	6:51.44	14:06.04	43.39		44.55	1:33.99		47.28	1:42.77		1:32.48	3:21.41		
Gyan Spaan	15-10-2007	25m	32.21	1:07.89	2:40.83	6:03.33	23:28.42	37.25	1:30.94		38.55	1:22.92	3:15.68	40.43	1:27.14	3:08.16	1:20.62	2:54.35	6:17.32
Tygo Spaan	9-9-2011	25m	42.01	1:38.94	3:29.91					51.26	1:52.98		57.24	2:01.16					

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Naam, voornaam	Geb.dat.	50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Sanne Teunissen	16-11-2005	50m 36.04 25m 35.65	1:19.80 1:19.88	2:55.76 2:54.40	6:02.90	12:27.31	39.90	1:30.30 1:30.31		42.44 41.87	1:33.48		47.05	1:43.13	3:36.43	1:28.29	3:12.38	6:37.08
Sem Teunissen	2-3-2008	50m 33.39 25m 29.20	1:19.85 1:05.58	2:38.42	5:33.26		42.26 37.44	1:34.54		44.21 37.54	1:31.34 1:18.76		52.50 42.67	1:49.05 1:35.11		1:20.89	3:07.61 2:53.58	
Esmee Wilcke	30-5-2003	50m 35.35 25m 30.85	1:14.21 1:09.58	2:42.95 2:31.91	5:33.59	11:23.37	33.49	1:33.67 1:00.41	3:31.64	37.23	1:24.64 1:20.16	3:04.07 2:54.22	44.27	1:36.20	3:28.37	1:21.92	3:11.41 2:56.49	6:49.03 6:36.40